

CYCA Sunday League Curling



2020-2021

CYCA's Response to Taking Out COVID-19

Hello awesome curlers and curling families,

Thank you so much for coming back for another year of exceptional Sunday League curling! Thank you also for taking the time to read this document and our response to the new COVID-19 reality we find ourselves in. Most of this information will probably sound very familiar, but we appreciate you going through it just so that you know what we're doing to ensure the safety of all our participants, as well as how hard we're working to make sure that this season is still an incredibly enjoyable and positive experience for all. This document also highlights the COVID-19 policies and procedures that the Cochrane Curling Club and Airdrie Curling Club have in place.

We would also like to take a moment to highlight the **URGENT NEED** for board members. As it stands, if the CYCA does not get any new board members by the end of the current season, we may be forced to cease operations. We strongly encourage you to check out the list of positions [currently vacant](#) and [contact us](#) if you can help out in any way. No experience (curling or otherwise) or direct connection to CYCA is needed, just a passion for getting youth physically active and positively engaged in sport.

If you have any comments, questions or concerns, please don't hesitate to contact us at any time at curl@cyca.ca.

Thanks so much and stay awesome! We can't wait to see you on the first day of Sunday League!

In curling awesomeness,

Your Calgary Youth Curling Association Board

Updated October 13, 2020

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Program Schedule/Registration

The 2020-2021 CYCA Sunday League will be split into three rounds. [Registration](#) is currently open and, in an effort to make Sunday League as affordable and flexible as possible, we will be offering the following registration options:

Registration Option	Price	Dates
ALL Rounds (1-3)	\$140/curler	October 18 – March 14 Registration OPEN
Round 1	\$75/curler	October 18 – November 22 Registration OPEN
Round 2-3	\$75/curler	November 22 – January 31 Registration OPENS October 19
Round 3	\$75/curler	February 7 – March 14 Registration OPENS November 30

The vast majority of draw times will happen Sunday mornings from 10:00 AM – 12:00 noon. However, there may be the occasional game scheduled for 1:00 – 3:00 PM in the afternoon depending on team availability. Please note that the above dates also have black out dates included in them and that each round consists of 5 games. A full draw will be released to participants ASAP.

In an effort to limit travel and also streamline compliance with club regulations, Sunday League games will be split between two clubs: Cochrane Curling Club and Airdrie Curling Club. CYCA looks forward to continuing to work with all other

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Calgary and Area curling clubs in the future and thanks them for their continued work in support of junior curling.

Furthermore, we will be releasing details of how spacing is going to work.

Depending on the number of teams that register, we may implement an opposite end start or staggered start times (by approximately 15 minutes). Information in regards to how round standings are going to be calculated this season will also be released at a later date.

The Calgary Youth Curling Association will be constantly reassessing the situation in regards to COVID-19 and will be following all recommendations from the Cochrane Curling Club (SLSFSC), the Airdrie Curling Club, the Calgary Youth Curling Association Board of Directors, Curling Alberta, Curling Canada, as well as all relevant Health and Government Authorities. If our policies need to be updated or curling suspended, we will communicate this with you ASAP. Unfortunately, due to the evolving nature of this pandemic, CYCA is unable to guarantee refunds for any reason and decisions in that regard will be made on a case-by-case basis by the CYCA Board. That being said, the above schedule and rates are subject to change.

Policies

In an effort to protect our participants, curling families and coaches, while providing an exceptional junior curling experience, CYCA Sunday League will be implementing the following policies to help Take Out COVID-19 during the 2020-2021 curling season:

- 1.** Physical distancing of 2 meters will be in force at all times
- 2.** All coaches, players and spectators will be expected to wear a face covering or mask while in the lobby of the curling rink (players can remove their masks once on the ice, coaches and marshals are required to keep them on)
 - a.** It is **STRONGLY RECOMMENDED** that masks be worn at **ALL TIMES** except for sweeping
 - b.** Masks will not be provided by the CYCA or the clubs
- 3.** It is strongly recommended that everyone entering the club use the provided hand sanitizer
- 4.** Rocks will be sanitized before and after games by coaches

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- a. Disinfectant wipes will be provided by the CYCA for this purpose
- b. Sunday League participants should have their own curling equipment (broom, slider) as we cannot guarantee that equipment will be available to borrow at the clubs (visit [Curlers Corner](#) for all your curling needs)
5. For the 2020-2021 CYCA Sunday League, there will be a limit of one coach and one parent/guardian spectator per team. Unfortunately, the physical space just doesn't exist to allow the presence of more spectators.
6. We will be enforcing a zero-tolerance policy in regards to physical distancing and public health orders and will send participants in breach of this home
7. If a participant becomes ill during the practice, they will be isolated immediately from all other participants, with a mask on and hands sanitized until a parent/guardian arrives to take them home. Cleaning of all surfaces that the participant came into contact with will then commence. This response will be conducted in compliance with the Rapid Response Plans of Cochrane Curling Club, Airdrie Curling Club and Alberta Health Services.
8. Everyone who participates in Sunday League must be in compliance with Public Health Orders (participant's parents/guardians and coaches will be required to fill out a CYCA [Google Form](#) as well as a [Airdrie Club](#) Form if applicable to demonstrate this before they enter, as well as for contact tracing purposes) and shall not enter the club and isolate immediately if any of the following are true:
 - a. If the participant, or anyone in their household, have any symptoms of COVID-19 including a fever greater than 38°C; cough; shortness of breath; difficulty breathing; sore throat; fatigue; nausea; vomiting; diarrhea; headache; feeling unwell; unexplained loss of appetite, smell or taste; muscle or joint aches; pink eye or runny nose
 - b. If the participant, or anyone in their household, have travelled outside Canada in the last 14 days
 - c. If the participant, or anyone in their household, have been in unprotected close contact in the last 14 days with someone who is a probable or confirmed case of COVID-19
9. Participants should arrive for their Sunday League games changed (except for their curling shoes) and ready to go no earlier than 15 minutes before their game time
 - a. Please see [Entering and Exiting the Club](#)
10. We will be following Curling Alberta's Return to Play Policies for games

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- a. This means we will only have one sweeper at all times, every person will own a designated two rocks for the entire game and that physical distancing markings in the ice will be used
- b. We strongly encourage all coaches and participants to watch [Curling Alberta's Return to Play Video](#) for a visual on how this works
11. Participants should bring their own full water bottles from home as the water jugs at both clubs will be unavailable for use
12. Teams will be highly encouraged to remain on the ice and use both the home end and away end for 4th end breaks, as well as physically distance during time outs
13. Effective for the 2020-2021 season only, teams will be allowed to play Sunday League games with 2 players
 - a. Of course, we strongly recommend that teams attempt to find a spare before resorting to this. Check our [Spare List!](#)
 - b. Each player will deliver four rocks (1-4 and 5-8). There is no need for a skip to be in charge of the house, but there can still only be one sweeper (can be either player).
14. If consent is given by all coaches and participants, teams will be allowed to livestream CYCA Sunday League games this season (no recordings, just livestreaming).
15. We will be following Curling Alberta's Return to Play Guidelines, Curling Canada's Return to Play Guidelines, Spray Lake Sawmills Family Sport Centre's COVID-19 Regulations, Cochrane Curling Club's Return to Play Guidelines/Rapid Response Plan, Airdrie Curling Club's Return to Play Guidelines and Alberta Public Health Regulations as applicable (all of these can be found in the [Additional Information/FAQs](#) section below).
16. All participants and their families will be made aware of our policies via email before the first game and through a demo at the first game (for participants) as a reminder. We will also be holding a mandatory team orientation for coaches to communicate our expectations and hopes for the season (details will be emailed out). Club and CYCA Acknowledgment of Risks, which will be sent out, must also be completed and emailed to curl@cyca.ca.
17. All other [CYCA Sunday League Rules](#) remain in effect unless modified in this document.

Entering and Exiting the Clubs

A: Entering The Club

All participants, coaches and spectators (max 1 per team) will enter the curling club via the designated curling entrance (no more than 15 minutes prior to the start of the game) and use the boot boys and hand sanitizer stations provided. Online daily health screening forms for [CYCA](#) and [Airdrie](#) (if applicable) must be completed prior to entering the club. Once inside, everyone will practice physical distancing (Cochrane has squares taped out on the ground to assist with this).

B: Entering The Ice

Participants and coaches will change their shoes in the lobby prior to going out on the ice. Keep in mind that locker rooms are not available, so everyone should show up ready to curl. A marshal will hold open the door to the ice and the teams will file out (sheets furthest from the doors going first) carrying ALL of their personal belongings (except shoes).

C: Exiting The Club

At the conclusion of the game, teams will make their way back to the door (physical distancing with other teams that might still be playing), which will be held open for them to exit by a marshal. It is then expected that curlers change their shoes and exit the club ASAP. Coaches are responsible for ensuring all of their team members get picked up outside the club by a parent/guardian (please follow the Rule of Two when doing this).

Washrooms

There will be washrooms available. However, please obey posted occupancy limits and other notices. Locker rooms will remain closed.

FAQs/Additional Information

- Why is CYCA strongly encouraging mask use?
 - We have implemented a mask policy for the safety of all participants, coaches and curling families. This is from our Chief Medical Officer of Health who “strongly recommends” mask use to help prevent the spread of COVID-19.
- Can participants play other sports outside of curling?
 - CYCA has adopted a “safe play” model of curling that emphasizes physical distancing, wearing a mask and frequent cleaning. This means

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that participants can belong to cohorts outside of the physical distanced non-cohort curling environment should they choose to adopt this method.

- Will there be an orientation?
 - Yes, there is going to be a mandatory orientation for all team coaches so we can review how this year is going to work. Anyone else who would like to attend is welcome to. Details will be sent out.
- Can we do anything to help?
 - Yes! Help us provide an exceptionally awesome and healthy junior curling experience by taking responsibility for your health, such as staying home if you or anyone in your household feels unwell, and by maintaining physical distancing at all times. You can also contact us at curl@cyca.ca if you need further clarification on anything.
- Additional Information (Updated as of October 13, 2020):
 - We strongly recommend that coaches review the Curling Alberta Return to Play Guidelines and brief their teams on important rules changes (such as only one sweeper being allowed at all times, where to stand when the other team is throwing, etc.)
 - [Curling Alberta Return to Play Guidelines and Video](#)
 - [Curling Canada Return to Play Guidelines](#)
 - [Cochrane Curling Club Return to Play Guidelines and FAQs](#)
 - [SLSFSC COVID Information Page](#)
 - [Airdrie Curling Club Return to Play Guidelines](#)
 - [CYCA COVID-19](#)
 - [Alberta's COVID-19 Orders](#)
 - [Alberta General Relaunch Guidance](#)
 - [Alberta Relaunch for Sports, Physical Activity and Recreation](#)
 - [COVID-19 Information for Albertans](#)